



Càtering i Serveis a Col·lectivitats, S.C.C.L

C/ Solicrup, 10, nau 9 VILANOVA I LA GELTRÚ
Telf. 93 814 40 77 – NIF: F-61231023

El Càtering de Vilanova

WE WORK WITH PROXIMITY CUISINE NOVEMBER 2021

	1 TO 5 WEEK	8 TO 12 WEEK	15 TO 19 WEEK	22 TO 26 WEEK
M O N D A Y	Organic white rice with homemade tomato sauce Grilled chicken breast with lettuce, cucumber and olives	Stewed lentils with ribs and pork sausage Cod croquetes with salad Seasonal fruit	Pumpkin cream Breaded turkey with salad Seasonal fruit	Roasted white beans with vegetables Grilled catalan pork with tomato salad Seasonal fruit
T U E S D A Y	Macaroni bolognese Fried hake fillet with salad and olives Seasonal fruit	Zucchini cream Roast chicken with battered eggplant Seasonal fruit	Pesto Spaghetti Cheese omelette with lettuce, cucumber and olives Yoghurt La Fageda	Potato, green beans and carrots stew Baked hake fillet with onion and peas and salad Seasonal fruit
W E D N E S D A Y	Rice with vegetables Baked cod supreme with lettuce and tomato Seasonal fruit	Steamed green beans and potatoes Roast beef with mushrooms Seasonal fruit	Roasted chickpeas with pork rib Fillet sole to marinara sauce with lettuce and carrots Fruit salad	VILANOVA CUISINE Roasted sailor noodles with garlic sauce Zucchini omelet with lettuce and carrot Yoghurt La Fageda
T H U R S D A Y	Broccoli with steamed potato Lemon roasted chicken Fruit salad	Organic rice three delights with green peas, omelet and sweet ham Baked hake fillet with garlic and parsley and salad Yoghurt La Fageda	Steamed cauliflower and potatoes Roast chicken with apple sauce and tomato salad Seasonal fruit	Organic white rice with homemade tomato sauce Breaded chicken breast with lettuce, cucumber and olives Seasonal fruit
F R I D A Y	Catalan soup with chickpeas, cabbage and carrots Potato omelet with tomato salad and olives Yoghurt La Fageda	Tagliatelle with tomato sauce and cheese Zucchini omelette with salad Seasonal fruit	Fish soup with rice Baked pork tenderloin with mushrooms, Seasonal fruit	Vegetable cream Sweet ham and cheese pizza with salad Seasonal fruit

ALL THE MENUS ARE MADE WITH PROXIMITY AND ORGANIC PRODUCTS

FRUITS: ALL FRUITS ARE SEASONAL, PRODUCT OF PROXIMITY
THESE MENUS ARE SUITABLE FOR CHILDREN FROM 18 TO 20 MONTHS
MENUS REVIEWED BY THE PUBLIC HEALTH DEPARTMENT OF VILANOVA I LA GELTRU