



El Catering de Vilanova

Càtering i Serveis a Col.lectivitats S.C.C.L.

C/ Solicrup, 10, Nau 9 VILANOVA I LA GELTRÚ

Telf. 93 814 40 77 NIF: F-61231023

WE WORK WITH PROXIMITY CUISINE JUNE 2021

	31 TO 4 WEEK	7 TO 11 WEEK	14 TO 18 WEEK	21 TO 25 WEEK
M O N D A Y	Wholegrain spaghetti with homemade tomato sauce and cheese Breaded hake with lettuce and carrots Fruit	Pasta salad with tomato, cheese and corn Grilled chicken breast with tomato salad Fruit	Pumpkin cream Homemade chicken cannelloni Fruit	Steamed green bean and potato Catalan pork sausage with white beans Fruit
T U E S D A Y	Chickpea salad with tomato, lettuce and olives Cauliflower and cheese burger with salad Fruit	Organic rice casserole with beans French omelet with salad Yoghurt La Fageda	Chickpea salad with hard-boiled egg, tomato, tuna and green pepper Marinara hake fillet Fruit	Rice three delights with peas, omelet and carrots Sole fillet with green sauce and tomato salad Fruit
W E D N E S D A Y	Green beans with steamed potatoes Turkey fricassee with tomato salad Yoghurt La Fageda	Stewed lentils with chard Baked cod supreme with garlic and parsley sauce with salad Fruit	Fish soup rice Eggplant Omelet with tomato salad Fruit salad	Roasted noodles (fideua) with garlic sauce Zucchini Omelet with salad and carrots Yoghurt La Fageda
T H U R S D A Y	Vegetable cream with potato, zucchini and carrot Roasted chicken with tomato salad Fruit	Russian salad with potato, carrot and peas Chicken sausages with tomato sauce Fruit	Steamed cauliflower and potato Roasted chicken with tomato salad Yoghurt La Fageda	Catalan soup (escudella) with chickpeas, cabbage and carrots Tuna pizza with salad Fruit
F R I D A Y	Fish soup rice Zucchini Omelet with salad and carrots Fruit salad	Pumpkin cream Four cheese pizza with salad Fruit	Pea cream Baked pork loin with mushrooms and salad Fruit	Stewed lentils Roasted chicken with apple sauce and salad Fruit

ALL THE MENUS ARE MADE WITH PROXIMITY AND ORGANIC PRODUCTS

FRUITS: ALL FRUITS ARE SEASONAL, PRODUCT OF PROXIMITY
THESE MENUS ARE SUITABLE FOR CHILDREN FROM 18 TO 20 MONTHS
MENUS REVIEWED BY THE PUBLIC HEALTH DEPARTMENT OF VILANOVA I LA GELTRU