



El Catering de Vilanova

Càtering i Serveis a Col·lectivitats S.C.C.L.

C/ Solicrup, 10, Nau 9 VILANOVA I LA GELTRÚ

Telf. 93 814 40 77 NIF: F-61231023

WE WORK WITH PROXIMITY CUISINE MAY 2021

	3 TO 7 WEEK	10 TO 14 WEEK	17 TO 21 WEEK	24 TO 28 WEEK
M O N D A Y	Steamed vegetables (carrots, potato, peas and green beans) Grilled chicken breast with lettuce and olives Fruit	Stewed lentils Ham and cheese croquettes with salad Fruit	Pumpkin cream Homemade chicken cannelloni Fruit	Steamed green bean and potato Catalan pork sausage with white beans Fruit
T U E S D A Y	Bean salad with tomato, tuna and sweet corn Spanish potato omelette with salad Vanilla flan La Fageda	Leek cream (Vichyssoise) Roasted chicken with tomato salad Fruit	Chickpea salad with hard-boiled egg, tomato, tuna and green pepper Marinara hake fillet Yoghurt La Fageda	Rice three delights with peas, omelet and carrots Sole fillet with green sauce and tomato salad Fruit
W E D N E S D A Y	Macaroni with homemade tomato sauce and cheese Quinoa burger with salad and sweet corn Fruit	Steamed broccoli and potato Roast beef with mushrooms Fruit	Fish soup rice Eggplant Omelet with tomato salad Fruit salad	Roasted noodles (fideua) with garlic sauce Zucchini Omelet with salad and carrots Yoghurt La Fageda
T H U R S D A Y	Chickpea cream Turkey fricassee with artichokes Fruit salad	Ecological rice with homemade tomato sauce Baked cod supreme with garlic and parsley sauce with salad Yoghurt La Fageda	Steamed cauliflower and potato Roasted chicken with tomato salad Fruit	Catalan soup (escudella) with chickpeas, cabbage and carrots Tuna pizza with salad Fruit
F R I D A Y	Ecological rice with chicken Baked cod with tomato salad Fruit	Carbonara noodles with milk cream and bacon Artichoke omelette with salad and carrots Fruit	Pea cream Baked pork loin with mushrooms and salad Fruit	Stewed lentils Roasted chicken with apple sauce and salad Fruit

ALL THE MENUS ARE MADE WITH PROXIMITY AND ORGANIC PRODUCTS

FRUITS: ALL FRUITS ARE SEASONAL, PRODUCT OF PROXIMITY
THESE MENUS ARE SUITABLE FOR CHILDREN FROM 18 TO 20 MONTHS
MENUS REVIEWED BY THE PUBLIC HEALTH DEPARTMENT OF VILANOVA I LA GELTRU